

Donate a Toy for Charity!



Professionally Timed!

4th Annual GNRCYO 5K HO-HO-HO RUN, Toy Drive & Kids Run

Saturday Dec 4th, 2010 9:00 AM

75 yard Kids Fun Run – 8:45 AM

Saint Timothy's Church 650 Nichols St- Norwood, MA

Proceeds to benefit Norwood CYO and Greater Norwood Running Club

Free T-shirt to the first 100 applicants

1st, 2nd, & 3rd Place Prizes in each Age Group Category

Race Day Registration is Available!

Directions: see Mapquest

Name: _____

Gender: _____ Age on race day: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) _____ E-Mail: _____

Registration: \$18 ___ Post Entry: \$20 ___ T-shirt size: S M ___ L ___ XL ___

Makes checks payable to the GNRCYO HO-HO-HO Run

Please print, complete and mail application with entry fee to:

Michael Gilio

4 Rocky Brook Road

Dover, MA 02030

(888) 292-3881 ext 257 | E-mail: mgilio@phlyins.com

I assume all risks associated with participating in this event, including but not limited to falls, contacts with other participants, the effects of the weather, traffic and the conditions of the road. All such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, the Town of Norwood, St Timothy's Church, race officials, volunteers and all sponsors, their representatives and successors are hereby and forever released from any and all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any record of this event for any legitimate purpose.

Signature of Applicant: _____ Date: _____